


August



MAGNOLIA SCHOOL DISTRICT

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
22 HOT DOG on a BUN SALAD BAR MILK, VARIETY AUGUST 22	23 CHICKEN TAQUITOS STRING CHEESE SALAD BAR MILK, VARIETY AUGUST 23	24 SPAGHETTI w/ MEAT SAUCE SALAD BAR MILK, VARIETY AUGUST 24	25 CHICKEN AND GRAVY W/ MASHED POTATOES ROLL SALAD BAR, MILK, VARIETY AUGUST 25	26 TURKEY HOAGIE POTATO ROUNDS SALAD BAR MILK, VARIETY AUGUST 26	<i>Cal</i> 638 <i>T.Fat</i> 19.31 G <i>S.Fat</i> 5.9 G <i>Sodm</i> 907.58 Mg <i>Carb</i> 93.86 G
29 CHICKEN CORN DOG POTATO ROUNDS SALAD BAR MILK, VARIETY AUGUST 29	30 CHICKEN TERIYAKI RICE BOWL SALAD BAR MILK, VARIETY AUGUST 30	31 CHALUPA SALAD BAR MILK, VARIETY AUGUST 31	1 CHICKEN SANDWICH SALAD BAR MILK, VARIETY SEPTEMBER 1	2 MOZZARELLA STICKS w/ SPAGHETTI SAUCE SALAD BAR MILK, VARIETY SEPTEMBER 2	<i>Cal</i> 619 <i>T.Fat</i> 17.74 G <i>S.Fat</i> 4.7 G <i>Sodm</i> 918.47 Mg <i>Carb</i> 90.71 G
5  Work Together	6 BEAN & CHEESE BURRITO SALAD BAR MILK, VARIETY	7 CHICKEN FAJITAS SALAD BAR MILK, VARIETY	8 TURKEY HOAGIE POTATO ROUNDS SALAD BAR MILK, VARIETY	9 TROUT TREASURES CHEDDAR GOLDFISH SALAD BAR MILK, VARIETY	<i>Cal</i> 639 <i>T.Fat</i> 18.52 G <i>S.Fat</i> 5.8 G <i>Sodm</i> 1182.00 Mg <i>Carb</i> 90.87 G
12 CHICKEN NUGGETS RICE SALAD BAR MILK, VARIETY	13 OVEN ROASTED CHICKEN ROLL SALAD BAR MILK, VARIETY	14 COOK'S CHOICE CHOCOLATE PUDDING SALAD BAR MILK, VARIETY	15 HAMBURGER CHEETOS PUFFS SALAD BAR MILK, VARIETY	16 CHEESE PIZZA SALAD BAR MILK, VARIETY	<i>Cal</i> 615 <i>T.Fat</i> 18.77 G <i>S.Fat</i> 6.5 G <i>Sodm</i> 793.87 Mg <i>Carb</i> 86.00 G
19 CHICKEN TERIYAKI RICE BOWL SALAD BAR MILK, VARIETY	20 CHICKEN FAJITAS on a TORTILLA SALAD BAR MILK, VARIETY	21 SPAGHETTI w/ MEAT SAUCE SALAD BAR MILK, VARIETY	22 CHICKEN AND BISCUIT RICE KRISPIES TREAT SALAD BAR MILK, VARIETY	23 GRILLED CHEESE SANDWICH SUNFLOWER SEEDS SALAD BAR MILK, VARIETY	<i>Cal</i> 649 <i>T.Fat</i> 20.33 G <i>S.Fat</i> 7.1 G <i>Sodm</i> 943.88 Mg <i>Carb</i> 90.80 G
26 HOT DOG on a BUN SALAD BAR MILK, VARIETY	27 CHICKEN TAQUITOS STRING CHEESE SALAD BAR MILK, VARIETY	28 SPAGHETTI w/ MEAT SAUCE SALAD BAR MILK, VARIETY	29 CHICKEN AND GRAVY WITH MASHED POTATOES ROLL SALAD BAR MILK, VARIETY	30 TURKEY HOAGIE POTATO ROUNDS SALAD BAR MILK, VARIETY	<i>Cal</i> 638 <i>T.Fat</i> 19.31 G <i>S.Fat</i> 5.9 G <i>Sodm</i> 907.58 Mg <i>Carb</i> 93.86 G

MENU SUBJECT TO CHANGE

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